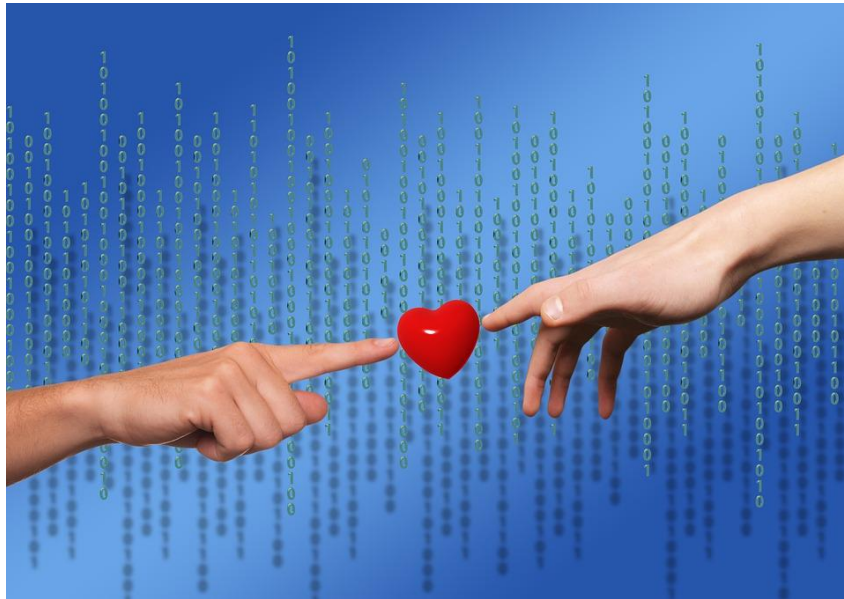




# Embracing the Truth of Your Divinity

*Being & Doing ~ Love in All Ways*



***Happy Valentine's Day!***  
***May you receive and share your gift of Love in All Ways.***

David and I are both avid movie watchers and love to see and feel what messages are being revealed through the characters, plots, and situations. What we have sensed through the last several movies we have watched is; *a burning desire for characters to be loved and cared for and a deep longing to receive a little Kindness, Consideration, and Respect.* This can be a positive movement, as our desires fan the flames of Passion that set the stage for manifestation to occur. Yes... a Loving, Caring, Kind, Considerate, and Respectful attitude and countenance sounds Delightful!

Movies: Judy, Brand New Testament, Maudie, Boundaries, World's Greatest Dad

**Movies can be viewed as a reflection of our culture and can show us what we have been creating as a Collective Mind.**

A well known Bible quote, used especially for weddings, offers insight into what Love is and how Love can be expressed:

*“Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth.*

*~ Corinthians ~*

What if we viewed LOVE in relation to Patience and Kindness as a verb rather than an adjective? Surely we can easily imagine ourselves DOING an act of Patience and Kindness rather than an act of *not doing*.

### **How do we DO Patience?**

Patience is slowing down and allowing our thoughts, feelings and actions to catch up. It is allowing that which is in the present moment to express itself, without distractions or interference. In this way we are giving our full attention, Honor and Respect to who or what IS. *This Houston Spirituality Magazine has a lot of information on how to meditate and exercise, as well as other ways to train yourself to slow down long enough to Respect the Moment you are experiencing.*

### **How do we DO Kindness?**

Kindness is taking our Awareness away from ourselves and shifting it to another's feelings or situation. We can then genuinely share LOVE through an act of listening, a gentle touch, or a Heart/ Soul Connection.

*Love always protects, always trusts, always hopes, always perseveres.  
Love never fails.  
~ Corinthians ~*

### **How do we DO Protection, Trust, Hope and Perseverance?**



I believe that instilling these Spiritual qualities within ourselves first, is the Key to maintaining Spiritual Balance. As we learn to Trust by acting on our intuitive impulses we become Authentic and naturally become more positive toward Life. Our enthusiasm grows with each action and we develop a desire to “do whatever it takes” to move forward onto the “next step”. We learn to act from an open heart and allow all thoughts and feelings to flow through us, without judgment or criticism, and realize that there is no need to Protect ourselves or anyone else. Hope thrives in an environment of Trust where Perseverance then becomes an integral aspect of our Spiritual Selves.



We are all Inter-Connected in this wonderful Global Web of Life, and the more Love we share through acts of Patience and Kindness, and the more we interact with a sense of Trust in ourselves, the more we come into Alignment with our Individual and Collective Divinity.

*Love and Namaste on your Inner path of Self-Discovery & Mastery*

*~ Jackie ~*



*~ Embrace the Truth of Your Divinity ~  
Be & Do Love in All Ways*



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